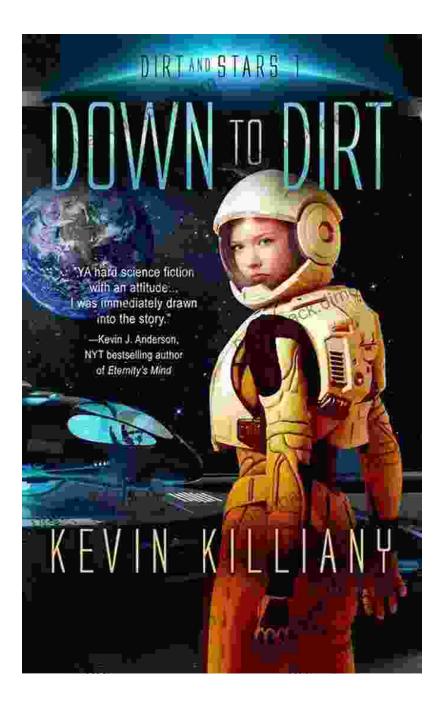
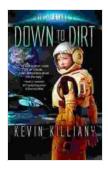
# Down to Dirt, Dirt and Stars: An Unforgettable Journey of Healing and Hope



#### Down to Dirt (Dirt and Stars Book 1) by Kevin Killiany

***	4.9 out of 5
Language	: English
File size	: 3152 KB
Text-to-Speech	: Enabled



Enhanced typesetting	:	Enabled
Word Wise	:	Enabled
Lending	:	Enabled
Screen Reader	:	Supported
Print length	:	259 pages



In his powerful and moving memoir, *Down to Dirt, Dirt and Stars*, Michael Nicoll Yahgulanaas shares the story of his journey from a troubled childhood to a life of purpose and meaning. Yahgulanaas writes with honesty and courage about his experiences of abuse, addiction, and homelessness, and offers a message of hope and healing for others who have faced similar challenges.

Yahgulanaas was born into a poor family in the remote village of Kitlope, British Columbia. His father was an alcoholic who often abused him and his siblings. His mother was also an alcoholic, and she died when Yahgulanaas was just 10 years old. After his mother's death, Yahgulanaas and his siblings were sent to live with their grandparents. However, their grandparents were also alcoholics, and they continued to abuse Yahgulanaas.

At the age of 14, Yahgulanaas ran away from home and began living on the streets of Vancouver. He quickly fell into a life of addiction and crime. He spent the next several years living on the streets, begging for money and ng odd jobs to survive. He was also arrested several times for petty crimes.

In 1993, Yahgulanaas was arrested for the final time. He was sentenced to five years in prison. While in prison, Yahgulanaas began to turn his life around. He started to write poetry and short stories, and he also began to learn about his Indigenous culture. After he was released from prison, Yahgulanaas continued to write and to work on his recovery. He also became a public speaker, sharing his story with others in the hopes of inspiring them to overcome their own challenges.

*Down to Dirt, Dirt and Stars* is a powerful and inspiring memoir that tells the story of one man's journey from despair to hope. Yahgulanaas writes with honesty and courage about his experiences of abuse, addiction, and homelessness, and he offers a message of hope and healing for others who have faced similar challenges. This is a book that will stay with you long after you finish it.

#### Praise for Down to Dirt, Dirt and Stars

"A powerful and moving memoir that tells the story of one man's journey from despair to hope. Yahgulanaas writes with honesty and courage about his experiences of abuse, addiction, and homelessness, and he offers a message of hope and healing for others who have faced similar challenges. This is a book that will stay with you long after you finish it."

#### - The Globe and Mail

"A raw and unflinching account of one man's journey through addiction and homelessness. Yahgulanaas's writing is both poetic and powerful, and his story is one that will resonate with anyone who has ever struggled with addiction or homelessness."

#### - The National Post

"A powerful and inspiring memoir that tells the story of one man's journey from despair to hope. Yahgulanaas's writing is honest, raw, and deeply moving. This is a book that will stay with you long after you finish it."

#### - The Vancouver Sun

#### About the Author

Michael Nicoll Yahgulanaas is a Canadian author, poet, and visual artist. He is a member of the Haisla Nation, and his work often explores themes of Indigenous identity, culture, and history. Yahgulanaas has published over 20 books, including the novels *Red: A Haida Manga* and *The Song of the Deer*. He has also written several books for children, including *The Legend of the Hummingbird* and *The Girl Who Married the Moon*.

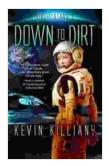
Yahgulanaas is a recipient of the Free Download of Canada, and he has been awarded several honorary degrees. He is a Fellow of the Royal Society of Canada, and he is a member of the British Columbia Arts Council.

#### Buy Down to Dirt, Dirt and Stars

*Down to Dirt, Dirt and Stars* is available in hardcover, paperback, and ebook formats. You can Free Download the book from your local bookstore or online from Our Book Library, Barnes & Noble, or Indigo.

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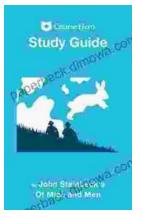
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