

# Denver Colorado Kids Travel Today: The Ultimate Guide for Families

## Planning Your Trip

Denver is a great city for families to visit, with plenty of kid-friendly attractions and activities. Here are a few things to keep in mind when planning your trip:



### Kids Travel Today: Denver, Colorado (Kids Travel Today: Traveling to Kids) by Keith Stewart

★★★★★ 5 out of 5

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- **When to visit:** Denver is a great place to visit year-round. However, the best time to visit with kids is during the shoulder seasons (April-May and September-October) when the weather is mild and there are fewer crowds.

- **Where to stay:** There are a number of family-friendly hotels in Denver. Some of our favorites include the Hyatt Regency Denver at Colorado Convention Center, the Curtis Denver, and the Oxford Hotel.
- **Getting around:** Denver is a very walkable city. However, if you're planning on ng a lot of sightseeing, you may want to consider renting a car.
- **What to pack:** Be sure to pack comfortable shoes, as you'll be ng a lot of walking. Also, be sure to pack sunscreen, sunglasses, and a hat, as Denver's sun can be strong.

## Things to Do in Denver with Kids

There are a ton of kid-friendly attractions and activities in Denver. Here are a few of our favorites:

- **Denver Zoo:** The Denver Zoo is home to over 3,000 animals from all over the world. There are also a number of interactive exhibits and play areas for kids.
- **Children's Museum of Denver:** This museum is designed specifically for kids, with exhibits on everything from science to art to culture. There's also a large play area with a climbing structure, a water table, and a puppet theater.
- **Denver Botanic Gardens:** The Denver Botanic Gardens are a beautiful place to visit year-round. There are a variety of gardens to explore, including a Japanese garden, a rose garden, and a children's garden.
- **Elitch Gardens Theme & Water Park:** Elitch Gardens is a great place to cool off on a hot summer day. The park has a variety of water slides,

pools, and rides for all ages.

- **Red Rocks Amphitheatre:** Red Rocks Amphitheatre is a world-renowned concert venue. However, it's also a great place to visit with kids during the day. You can hike around the amphitheatre, enjoy the views, and learn about the history of the venue.

## Places to Eat in Denver with Kids

There are a number of family-friendly restaurants in Denver. Here are a few of our favorites:

- **Snooze, an A.M. Eatery:** Snooze is a great place to start your day with a delicious breakfast. The menu features a variety of pancakes, waffles, and omelets.
- **The Cherry Cricket:** The Cherry Cricket is a Denver institution. The restaurant is known for its burgers, which are made with fresh, local beef.
- **Park Burger:** Park Burger is another great option for burgers. The restaurant also has a great selection of craft beers on tap.
- **Illegal Pete's:** Illegal Pete's is a great place to get a quick and affordable meal. The menu features a variety of burritos, tacos, and quesadillas.
- **Little Man Ice Cream:** Little Man Ice Cream is a must-visit for any ice cream lover. The shop has a variety of unique and delicious flavors to choose from.

## Tips for Traveling with Kids in Denver

Here are a few tips for traveling with kids in Denver:

- **Be prepared for the altitude:** Denver is located at a high altitude, which can cause altitude sickness in some people. Symptoms of altitude sickness include headache, nausea, and vomiting. If you or your child experience any of these symptoms, drink plenty of fluids and rest.
- **Bring sunscreen and sunglasses:** Denver's sun can be strong, so be sure to protect your skin and eyes. Apply sunscreen regularly and wear sunglasses whenever you're outdoors.
- **Stay hydrated:** It's important to stay hydrated when you're traveling at high altitude. Drink plenty of water throughout the day.
- **Take breaks:** If you're ng a lot of walking, be sure to take breaks throughout the day. There are plenty of places to sit down and rest in Denver.
- **Be patient:** Traveling with kids can be challenging at times. Be patient with yourself and your kids, and don't forget to have fun.

Denver is a great city to visit with kids. There are plenty of kid-friendly attractions and activities, and the city is easy to get around. With a little planning, you can have a memorable and enjoyable vacation in Denver with your family.



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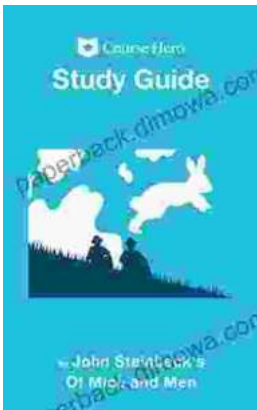
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